

Katsu Challenge 2008

Divisions

Levels: Beginners (0 - 1 years) Intermediate (2 - 3 years)
Novice (1 - 2 years) Advanced (3 years and over)

*Black belts must register as Advanced

*Brown belts must register as Intermediate or Advanced

Divisions:

5 & Under	10 - 11 years	16 - 17 years
6 - 7 years	12 - 13 years	18 - 34 years
8 - 9 years	14 - 15 years	35 and over

*The tournament director reserves the right to change or combine divisions if there is less than five competitors per division.

Kata Eliminations

Uniform:

- All white karate uniform with one small patch allowed on left chest.
- Competitors will wear red belt for Aka or blue belt for Ao
- Belts will be provided for those that do not have their own.

Performance:

- A random pairing of competitors will perform next to one another. Advanced adults will perform their katas individually.
- Male and female divisions will be combined except for Advanced 14-34. .
- Single Elimination will determine top three places for Beginners, Novice, Intermediate, 13 & under Advanced, and all 35 and over
- Repechage Elimination for Advanced 14 - 34
- Advanced 14 - 34 year old competitors must perform three different katas in the first three rounds. Then may repeat.
- All other competitors may repeat the same kata in each round.

Kumite Rules

WKF Rules Modified: applies to Beginners, Novice, Intermediate, 13 & under Advanced, and all 35 and over

- 1 Minute 30 Second Rounds (Stop time)
- Single Elimination
- Winner is first to reach 8 points or lead at time expiration
- No head contact

WKF Rules: Advanced Divisions 14 - 34

- 2 Minute Rounds (Stop Time) for 14 - 17 PKF and WKF women
- 3 Minute Rounds (Stop Time) for WKF men
- Repechage Elimination
- Winner is first to have lead of 8 points or lead at time expiration
- WKF rules for contact

You may download the complete FSKL Rulebook at www.fskl.org

Katsu Challenge 2008

Kumite Uniform & Equipment:

- All white uniform with one small patch on left chest
- Mouth guard and groin protectors (males only). This will be checked in staging. Those are missing this equipment will not be allowed to compete.
- WKF style red and blue sparring gloves. Gloves will be provided for those that do not have their own.
- Red and blue belts. Belts will be provided for those that do not have their own.
- White foam helmets are mandatory for competitors 9 and under
- WKF approved shin guards and foot protectors are optional

Staging Times

Staging for Kata:

The first divisions must report directly to their rings at **8:45 sharp**. We will post the first divisions on the front page of www.KatsuChallenge.com on the morning of March 27th. Please make sure to check the website to see if you are among the first divisions to perform.

*All athletes are responsible to be at the commencement of the tournament and remain until their divisions are called. Athletes that do not show up to staging when called will be disqualified.