

Name \_\_\_\_\_

# Blue Belt Written Test

1. What is an ura mawashi-geri? \_\_\_\_\_.
2. What is an udaken? \_\_\_\_\_.
3. What is a kosa-uke? \_\_\_\_\_.
4. What is a soe-uke? \_\_\_\_\_.
5. What are the six techniques involved in a good sparring punch or kick?
  - i. \_\_\_\_\_.
  - ii. \_\_\_\_\_.
  - iii. \_\_\_\_\_.
  - iv. \_\_\_\_\_.
  - v. \_\_\_\_\_.
  - vi. \_\_\_\_\_.
6. What are the following body parts?

Ago \_\_\_\_\_.

Nodo \_\_\_\_\_.

Hana \_\_\_\_\_.

Mimi \_\_\_\_\_.

Me \_\_\_\_\_.
7. How many points do you need to win a shobu sanbon kumite match?  
\_\_\_\_\_.
8. What is the name of your new testing kata? \_\_\_\_\_.
9. What does your new testing kata mean? \_\_\_\_\_.

*\*Students must turn-in written tests in class before the Saturday karate test.*